

# Food ConnAction

Youth Exchange  
6th – 17th September 2024  
Call for Partners



**VAGAMONDO**  
ASSOCIAZIONE DI PROMOZIONE SOCIALE



Erasmus+



# Summary

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**“Cooking is all about people. Food is maybe the only universal thing that really has the power to bring everyone together. No matter what culture, everywhere around the world, people eat together.”**

# Who are we?

Vagamondo is a youth organization involved in international mobility projects. The keywords of Vagamondo are: TRAVEL, DISCOVER, EVOLVE

We aim to create learning and growing opportunities for youth to develop themselves through the use of non-formal education. We use it as a playground where young people can practice new ways of thinking and doing; an effective tool to make a change that can create a long-term positive impact and improve the quality of personal and professional life.

Our vision is to contribute to the development of our society and to create a world that works for everyone out of love, care and cooperation.



# Aims and objectives

**Food ConnAction** is a youth exchange that brings together young people living in the EU and neighboring countries who are interested in learning and sharing about world cuisine, nutrition, cooking and a healthy lifestyle. One of the aims is to include young people living in EU countries with foreigner origins, thus creating a more diverse environment.

**Working languages: English, French, Spanish.** We plan to use these three languages during the exchange as we expect part of the participants to be fluent only in one of those languages. The leaders and the coordinators will support the translation process and the interaction between the participants.

The exchange will gather **45 participants**, including coordinators and translators. 4 participants per national group age 20 – 28 + 1 youth leader age 22 + years old. We welcome also young people with challenging situations because of social, economic, cultural or geographical factors or special needs. Let us know how can we support and facilitate the participation of young people you work with.

The project has the following specific objectives (planned till now, we would appreciate your contribution to deepen and enrich them):

Create more inclusion and positive curiosities on **cultural differences through food**.

Encourage a **healthy lifestyle** and a **healthy relationship with food** in young people.

Take an active part in the organization of a **local festival** and implement a **fundraising campaign** for causes chosen by the participants.

Create a **cook book** that collects all of the international recipes that will be shared during the project.

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# The project is divided in three steps:

June 2024.  
Online preparation of the exchange, online meetings, project idea development, etc.

**Preparation**

September - October 2024.  
Implementation of a dissemination activity in local community

**Dissemination**

**Implementation**

The Youth Exchange takes place  
6th – 17th September 2024



# Location

The exchange will happen in Bergolo, a calm village of 57 inhabitants located on the hills of Piedmont. We will stay in the hostel Alveare (meaning “The Hive”); the building has a dining area, bedrooms with 2/3/4 beds, a kitchen for groups and a large terrace overlooking the hills. Three meals per day and coffee breaks will be arranged during the program. Together with us in the venue, there will be volunteers of Vagamondo. We, as a group, will be responsible for the caring and cleaning of the spaces that we will be using to keep a friendly and respectful environment, this will happen through a system of daily duties made in international teams.



## WHERE

BERGOLO IS A SMALL TOWN LOCATED IN LANGHE AREA, IN THE NORTH OF ITALY.

THE PROJECT WILL TAKE PLACE BETWEEN:



### ALVEARE

HOUSE WHERE PARTICIPANTS WILL SLEEP AND WHERE MEALS WILL BE SERVED

### THEATER

THAT WILL BE USED ALSO AS TRAINING ROOM



### NATURE

THAT SURROUNDS YOU



# What You Should Do:

- **Answer to our email with a YES!**
- **Send us your PIF**
- **Check the IPA (Internal Partner Agreement) read it carefully and send it back to us signed**
- **Send us back the mandate signed within one day from when we will send it to you**



# Get in Touch



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